

TEEN HEALTH *Night*

A FAMILY
EVENT

APRIL
11

5:30 – 6:30 p.m. **FORUM**

6:30 – 7:30 p.m. **FAIR**

Upstate Family Resource Center
1850 Old Furnace Rd, Spartanburg, SC 29316

sponsored by **IMPACT SPARTANBURG**

REAL QUESTIONS
REAL ANSWERS

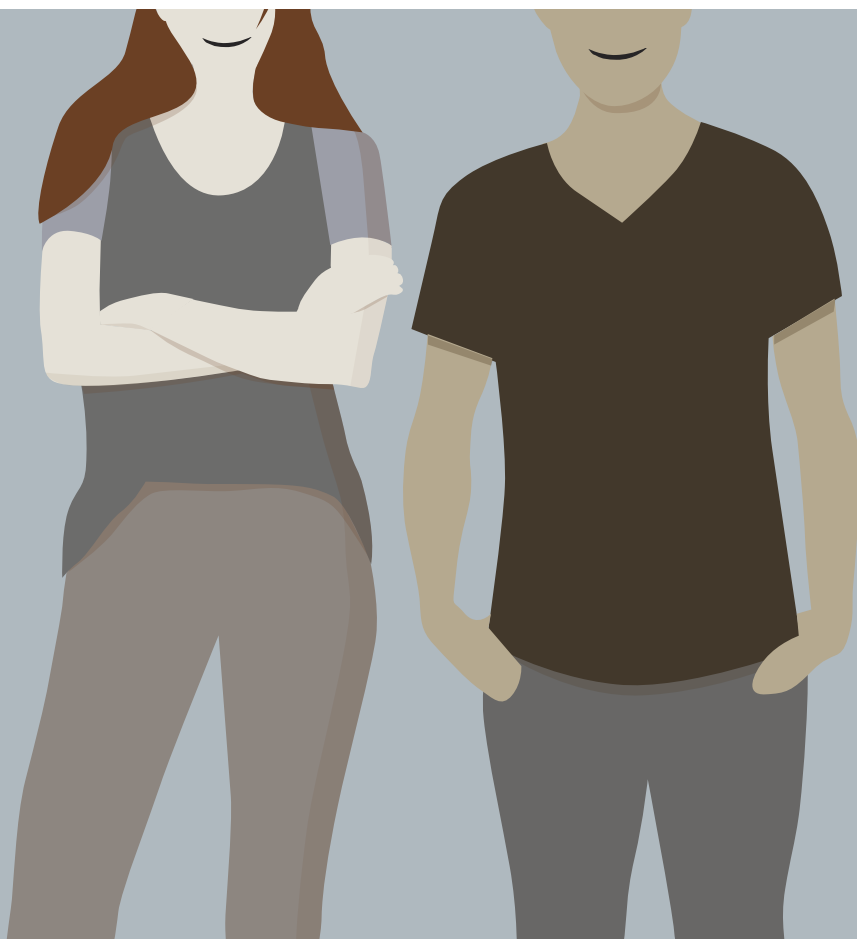
LIVING

RELATIONSHIPS

DATING

MIND & BODY

CHOICES



FREE
FOOD

GIVEAWAYS
LOTS *of* CHANCES TO WIN

RAFFLE



FREE
EVENT

SPEAKER *and*
RSVP INFO
ON BACK

SPEAKERS

TEEN HEALTH *Night*

5:30 – 6:30 p.m.
FORUM

DR. ALEX KARYDI, LMFT, CSAC, CAC

Program Director of SCYSPI

Dr. Karydi is a certified drug and alcohol counselor that has been trained in the impact of minority stress. Currently, she serves as the Project Director for the SCYSPI, a community movement to end suicide in children and young adults. She has been working with kids and their families throughout her travels since 2000.

JENNIFER O'SHIELDS

Education Director of SAFE
Homes-Rape Crisis Coalition

Ms. O'Shields has over 20 years experience in the non-profit sector and with SAFE Homes-Rape Crisis Coalition. She is also a Victim Service Provider (VSP) through the State of SC Office of Victim Services Education and Certification and provides direct assistance as needed assisting clients who are victims/survivors of domestic and sexual violence.

JOE PINILLA, MPH, CHES

Director of Prevention Services of
The Forrester Center for Behavioral Health

Mr. Pinilla is in the field of substance use prevention providing county-wide services for youth in Spartanburg. He is currently completing the certification process to become a Certified Prevention Specialist, and prior to join The Forrester Center he worked in the field of obesity prevention for the Metro Public Health Department in Nashville, TN.

POLLY EDWARDS PADGETT

Adolescent Health Project Director
of The Mary Black Foundation

Ms. Edwards Padgett has been in the field of teen pregnancy prevention across South Carolina for more than 16 years. Currently, she is leading the efforts in Spartanburg funded by the Office of Adolescent Health to prevent social disparities and reduce unplanned pregnancies. She is passionate about holistic adolescent health, positive youth development and access to reproductive health programs and services.

JOSILLIA JOHNSON

Project Manager of United States
Healthful Food Council

Ms. Johnson has developed and is now implementing a school-based, health promotion project focused on nutrition education and environmental sustainability. Using evidence-based surveys she is tracking changes in student's knowledge, skills, and attitudes concerning healthy eating and active living using. Additionally, she helped co-author the national criterion on this topic for best practices in K-12 schools.

Event Moderator

ELIZABETH HARDEE, CPRP, SUP-CI, NASM-PT, WFA

Recreation Assistant Manager
Spartanburg County Parks Department

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